

Bogdana Phase II Dietary Supplement

is a well balanced formula, specially compounded with Calcium Carbonate, Magnesium Oxide and Chromium Picolinate, essential minerals for body performance and well being.

Price

Bogdana Cholestaway Dietary Supplement comes in a bottle of 180 capsules. It is a one month supply, if taken as recommended (2 capsules with meals 3 times a day).

\$29.95
plus S&H per bottle
(one month supply)

References

1. Yacowitz, H.; A.I. Fleischman; M. L. Bierenbaum and D. Kritchevsky, Fed. Proc. 47:267 (1967)
2. Hanahan, D.J., "Lipid Chemistry", John Wiley & Sons, Inc. New York, 1960
3. Bierenbaum, Marvin L.; Alan I. Fleischman; Robert I. Raichelson, Lipids Vol. 7, No. 3 pp 202-206.
4. Yacowitz, H.; A.I. Fleischman; M.L. Bierenbaum, Brit. Med. J. 1:1352 (1965).
5. Fleischman, A.I.; H. Yacowitz; T. Hayton and M.L. Bierenbaum, J. Nutr. 88:255 (1966).
6. Fleischman, A.I.; H. Yacowitz; T. Hayton and M.L. Bierenbaum, Ibid. 91:151 (1967).
7. Denke, Margo; Mary M. Fox and Marcia C. Schulte, J. Nutr. 123:1047-1053, (1993).
8. Bell, Larry MD; Charles E. Halstenson, PharmD; Cynthia J. Halstenson, RD; Mark Macres, MS; William F. Deane, MD, Arch Intern Med Vol. 152 pp 2441-2444 (1992).
9. Graham, David Y. and Jeffrey W. Sackman, Gastroenterology Vol. 83, No. 3 pp 638-644 (1982).
10. Kesteloot, Hugo, Jozef Geboers Lancet April 10, 1982 pp 813, 815.
11. Bierenbaum, Marvin L.; Eric Wolf; George Bisbeier and William P. Maginnis, Am J of Hypertension 1988; 1:149S-152S.
12. Bhattacharyya, A.K.; Thera, C.; Anderson, J.T.; Grande, F. & Keys, A., Am. J. Clin. Nutr. 22:1161-1174 (1969).

More References

1. American Medical Association/Arch Fam Med. 1997
2. American Dietetic Association/National Center for Nutrition and Dietetics Consumer Nutrition. "Choose Calcium Rich Foods for Strong Bones"—www.eatright.org/nfs/sns17.html. September 1999
3. Journal of the American Heart Association, August 1998
4. Journal National Cancer Institute, 88:81-92, 1996.

To order please use the enclosed order form
or contact us:

Bogdana Corporation

8907 Wilshire Blvd., #101, Beverly Hills, CA 90211

800-234-5608

www.bogdana.com

Bogdana

CHOLESTAWAY Dietary Supplement



CHOLESTAWAY is a natural magnesium/calcium mineral formula. Simple and safe, just two capsules with each meal may reduce the amount of fat absorbed from your diet.

CHOLESTAWAY is not a drug, with no adverse side effects and will not damage the body's organs.

CHOLESTAWAY is both safe and effective. Because it lowers the amount of fat absorbed by the body possible weight loss may occur.

*These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to treat, diagnose, cure or prevent any disease.

Cholesterol

The foods we eat are not the only thing responsible for high cholesterol.

About 80% of the cholesterol in the body is manufactured by the liver. The rest is consumed through cholesterol-rich foods like meat, eggs and dairy products.

All cholesterol isn't bad. In fact, it's produced naturally in your liver and it helps with important body functions, such as helping to build and maintain the cells.

How Cholestaway Works

Our liver produces cholesterol in the breakdown and excretion of hormones that are excreted in the bile in the form of cholic acid. As the bile enters the intestine, the insoluble cholic acid looks like food to the intestine and is absorbed into the blood stream. The absorbed cholic acid is carried to the liver and excreted in the bile, only to be absorbed again and again in the intestine.

CHOLESTAWAY'S hard water minerals help to interrupt this vicious cycle of excretion-reabsorption-reexcretion of cholesterol by combining with the cholic acid to form an insoluble soap that cannot be reabsorbed. This is excreted in the stool. In this manner, **CHOLESTAWAY'S** hard water minerals may help to reduce the body's cholesterol pool.

Study (independent)

Independent clinical study of effectiveness of Cholestaway dietary supplements.

Research and scientific theory and studies

There have been several other studies documenting the effectiveness of calcium carbonate in reducing cholesterol levels. These studies have suggested an important therapeutic role for calcium supplementation as an effective agent that has significant safety and cost advantages over others in reducing not only cholesterol, but also blood fats (triglycerides).

Other Benefits

Important Calcium

Calcium is essential for developing and maintaining strong bones and teeth as well as healthy heart function, contraction of the muscles and conduction of nerve impulses.* It is needed in the process to convert fat to energy. A large percentage of Americans fail to meet the currently recommended guidelines for optimal calcium intake. (1)

Over time, if we don't consume enough calcium, our body depletes calcium from our bones to keep our heart and muscles working properly. This gradually weakens our bones, and therefore they can break more easily. (2)

Essential Magnesium

Magnesium is essential for healthy nerve and muscle function and bone formulation.* It is recommended to take magnesium in combination with calcium supplementation. Magnesium supplements have a small but significant effect on maintaining healthy blood pressure.* (3)

Magnesium supplements may relax blood vessels and help maintain healthy blood pressure according to a Japanese study.* Researchers, who measured blood pressure at work, home and as average for the whole day, "reported that blood pressures maintained healthier levels during magnesium supplementation period, although the differences were small." (4)

Trace Mineral Chromium

The body needs chromium for normal growth and health. Chromium helps the body to use proteins properly and assists in breaking down proteins and fats. It works with insulin to convert carbohydrates and fat to energy.

*These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to treat, diagnose, cure or prevent any disease.